



Cynthia “Cindy” (DeLong) Checkowski

November 27, 1963 – May 27, 2026

Cynthia “Cindy” (DeLong) Checkowski, 62, of Leland, North Carolina, passed away on Wednesday, May 27, 2026.

Born in Sellersville, Pennsylvania, on November 27, 1963, she was the beloved daughter of Richard and Eileen (Hawes) DeLong.

Cindy graduated from Lansdale Catholic High School and later earned her degree from Montgomery County Community College.

For many years, she brought her dedicated work ethic to Industrial Contract Service Corp in Leland, NC.

Cindy lived life with an infectious energy, always insisting she was “young for her age” and truly living each day to the fullest. In her later years, she fulfilled a lifelong dream by moving near to the coast, finding immense peace and joy in beach life. She could often be found working on home projects, tending to her garden, or taking her daily walks. She had a massive heart for animals and took great joy in spoiling every dog that crossed her path.

Above all, Cindy valued family, deep friendships, and kindness. She loved hosting family events, bringing the people she loved together under one roof.

She had tremendous compassion and if she could brighten a stranger’s day, that act of kindness became the highlight of her own. Cindy will forever be remembered for her vibrant spirit, her generous heart, and the profound strength and courage she showed throughout her life.

Cindy is survived by her devoted children, listed by order of birth: James Checkowski of Leland, NC; Eric Checkowski and his wife, Maddie, of Wilmington, NC; and Michael Checkowski of North Wales, PA.

She is also survived by her loving siblings, Christine Chabala and her partner, Robert, of Collegeville, PA; Richard DeLong of Crescent City, FL; Stephen DeLong of Port Orange, FL; and Karen Kopp and her husband, Randy, of Telford, PA.

Her memory will also be cherished by her nieces and nephew, Jacqueline Diedrick (Bradley), Ryan Walter, Sara Mulligan (Thomas), Kristen Bowman (Daniel), Shannon Connolly (Timothy), and Brittany Chabala; as well as her great-nieces and great-nephews, Kirra Walter, Natalee Diedrick, Aiden Diedrick, Lucas Bowman, Emily Bowman, and Brenna Mulligan.

Cindy's Funeral Service will be held on Saturday, June 6, 2026, at 10:30 AM at the Simcox-McIlvaine Funeral Home, located at 532 E. Main St, Lansdale, PA. Prior to the Service the family will receive friend's from 9:30 to 10:30 AM.

Interment at St. Stanislaus Church Cemetery.

In lieu of flowers, the family kindly requests that donations be made in Cindy's memory to the American Cancer Society at www.cancer.org.